

Day 1 Reflection

"Be still, and know that I am God." - Psalm 46:10

Date: _____

What is God teaching me today?

What am I grateful for?

Where do I need God's help?

Scripture that spoke to my heart:

Prayer for today:

Day 2 Reflection

"Be still, and know that I am God." - Psalm 46:10

Date: _____

What is God teaching me today?

What am I grateful for?

Where do I need God's help?

Scripture that spoke to my heart:

Prayer for today:

Day 3 Reflection

"Be still, and know that I am God." - Psalm 46:10

Date: _____

What is God teaching me today?

What am I grateful for?

Where do I need God's help?

Scripture that spoke to my heart:

Prayer for today:

Day 4 Reflection

"Be still, and know that I am God." - Psalm 46:10

Date: _____

What is God teaching me today?

What am I grateful for?

Where do I need God's help?

Scripture that spoke to my heart:

Prayer for today:

Day 5 Reflection

"Be still, and know that I am God." - Psalm 46:10

Date: _____

What is God teaching me today?

What am I grateful for?

Where do I need God's help?

Scripture that spoke to my heart:

Prayer for today:

Day 6 Reflection

"Be still, and know that I am God." - Psalm 46:10

Date: _____

What is God teaching me today?

What am I grateful for?

Where do I need God's help?

Scripture that spoke to my heart:

Prayer for today:

Day 7 Reflection

"Be still, and know that I am God." - Psalm 46:10

Date: _____

What is God teaching me today?

What am I grateful for?

Where do I need God's help?

Scripture that spoke to my heart:

Prayer for today: